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Soup & Dessert Are Top Recipe Choices

Thanks again to all our readers for sharing their favorite recipes. If you haven't shared one with us yet, you can forward it to:

Robert McCarty, VEC Marketing & Economic Development Department, P.O. Box 277, Decatur, TN 37322 or email it to rmccarty@vec.org.

McCoy's Cowboy Soup

1 1/2 pound ground beef or turkey

1 large can home style cut vegetables

1 10 ounce can Rotel tomatoes

1 15 ounce can stewed tomatoes

1 small onion (chopped)

1 15 ounce can sliced potatoes 1 15 ounce can Spanish rice

1 15 ounce can cream style corn

In a large stock pot brown the ground beef and chopped onion. Add the remaining ingredients, heat to boiling then reduce heat, cover, and simmer for about 1 hour. Serves about 6. Enjoy!

Lisa McCoy, Jamestown, TN

Blondies

2 cups self-rising flour

1 box light brown sugar 1/2 tsp. vanilla

3/4 cup vegetable oil

1 cup chopped pecans (optional)

Slightly mix eggs, add vegetable oil. Stir in brown sugar and vanilla. Add flour 1/2 cup at a time. Add nuts. Mix. Bake in a greased 9x13 inch pan at 350 degrees for 40 minutes. Remove from oven, cool, and cut in one (1) inch squares. Margie Pelfrey-Rockwood, TN

Policy Regarding Privacy of Customer Information

Volunteer Energy Cooperative values you as an owner and as a customer and understands how important it is to protect the personal information that you have entrusted to us. We, therefore, treat such personal information in accordance with applicable law and the provisions of this policy.

Information We May Collect

We only collect information that is needed to serve you and administer your cooperative's business. We may collect nonpublic personal information about you from the following

- Information we receive from you on applications or other forms;
- Information about your business transactions with us or others; and
- Information we receive from a consumer reporting agency.

Protection of Your Information

We are committed to upholding our pledge to maintain security of our customers' personal and accounting information. To ensure such information is used only in the manner we have described in this notice, we restrict access to your personal and account information to those employees who need to know that information to provide products or services to you. We maintain physical, electronic and procedural safeguards to maintain the confidentiality of the information we collect and to guard against its unauthorized access.

Information We May Disclose

All of the information that we collect, as described above, may be disclosed when necessary to assist us in servicing your accounts to third parties as designated by you, in response to subpoenas or court orders, and to a credit bureau or similar information reporting agency. We do not disclose any nonpublic personal information about our customers to anyone, except as permitted by law.

We may disclose the information that we collect, as described above, to companies that perform marketing services on our behalf. This information may be shared with our affiliates so they can market their services. However, Volunteer Energy Cooperative does not share personal customer information with unaffiliated third parties for any reason.

If you decide to terminate your relationship with us, we will continue to adhere to the privacy policies and practices described in this notice.

More Information

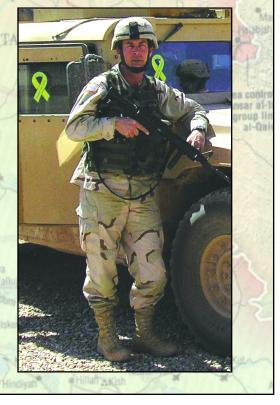
Questions regarding this policy can be directed to the Office of the President/CEO, Volunteer Energy Cooperative, P.O. Box 277, Decatur, TN 37322 or to your local VEC

vec@vec.org

POVER*LINES*

VEC Presence Felt Abroad

SFC Jeff Landrum, a VEC member/customer who is serving in Iraq with the 278th Regimental Combat Team, poses next to his HumVee. Landrum added a couple of VEC's "Support Our Troops" vellow-ribbon stickers to his vehicle to remind him that those of us at home appreciate his service.





Crunch-Time Communications

Scott Duckworth, director of the McMinn County Amateur Radio Club, Inc. demonstrates some of the capabilities of the groups new mobile communications trailer to Nell Whitaker, VECustomers Share board member representing McMinn County. Thanks in part to donations from VEC customers/members the club has been able to work closely with the National Weather Service to dramatically increase the amount of warning time local residents get in the event of severe weather.

Energy-Efficient Builder Recognized

VEC Marketing Coordinator Jane Gesse (left) presents a TVA New Homebuilder's award to Misty Keyes (center) and Thurman Maxwell (right) of Fairfield Homes. The awards are presented annually for energy efficient construction and this is the second consecutive year Fairfield Homes has been honored.



Buchanan Earns TVPPA's Top Honor

Volunteer Energy Cooperative (VEC) President/CEO Bill Buchanan will be taking one more honor with him when he retires in Iune.

Buchanan was recently awarded one of the Tennessee Valley Public Power Association's (TVPPA) most prestigious awards when he garnered TVPPA's 2005 Richard C. Crawford Distinguished Service Award on May 17 at the organization's annual conference in Orange Beach, Alabama.



Tennessee Valley Authority Board Member Skila Harris (left) congratulates Bill Buchanan (center) and his wife, Barbara after Buchanan was awarded the TVPPA's Distinguished Service Award.

The TVPPA bestows this award annually to a member system's general manager or CEO who has consistently demonstrated leadership, a commitment to the communities they serve, and a dedication to public power in the Tennessee Valley.

Buchanan began his career at VEC in 1963 in the accounting department and has been a staunch advocate for public power consumers ever since. In 1972 Buchanan was promoted to office manager and in 1980 he became the manager of finance and administration. He was named VEC's general manager in 1982 - a title that was later changed to CEO.

During his tenure he has served on numerous committees, study teams, and boards in and out of the public power arena.

Some of his professional contributions have included: two terms as a member of the board of directors for the TVPPA (1991 - 1997 and 2001 present), Tennessee Electric Cooperative Association president (2004), and president of the Southeast District Power Distributor Association. He has also served on several TVPPA committees including Rates and Contracts, Government Relations Policy, and Power Supply Planning. His TECA committee work includes TECA's Executive Committee; he has chaired the Job Training and Safety Committee for 20 years, and also served on the Action Committee for Rural Electrification.

He has also been a familiar face to legislators in Nashville and Washington, D.C., helping them understand the mission of public power providers and working to solve issues for the customers of public power.

He has also served in similar capacities to assist with community development and church-related activities. He also serves on the Watts Bar Development Authority Board.

His service includes: Mayor of Decatur, TN (1975 - 1983), a member of the board of directors for Meigs County Bank/Regions Bank of East Tennessee (1976 - 2001) and Southeast Bank and Trust (2001 - present). He is also an active leader at Decatur United Methodist Church.



Volunteer Energy Cooperative (VEC) customers pitched in through the VECustomers Share program in April to fund grants totaling \$34,960. Since the inception of the program in October 2001, a total of \$1,408,465.20 in grants has been awarded.

The deadline for grant applications is the last day of each month. For additional information, contact the office of Marketing and Economic Development, at 423-334-7051. Applications are also available online, at www.vec.org.

Following is a partial list of organizations receiving grants in April:

VFW Memorial Post 5146 2,50	
	00
Clarkrange Volunteer Fire Department 2,00	
Bradley Initiative for Church & Community - Project REACH 2,00	00
Upper Cumberland - Military Officers Association of America 2,00	00
Cumberland County Rescue Squad 2,00	00
Camp Lookout - Holston Conference 1,43	30
Monterey Branch Library 1,40	00
Mountain Volunteer Fire & Rescue Service 1,18	30
Midway High School PTO 1,00	00
Meigs County High Mu Alpha Theta Booster Club 1,00	00
Mayland Community Organization 1,00	00
Royal Family Kids' Camp 1,00	00
Tennessee Overhill Heritage Association 1,00	00
Friends of Cherokee Removal Memorial Park 1,00	00
Pickett County K-8 Journalism Club	34
Pickett County High School Softball Boosters 76	66
Polk County Education Foundation 72	15
Polk County Fair Association 70	00
Post #2 AmVets 65	50
Reading is Fundamental 60	00
United Polk County Drug Coalition 58	35



VECustomers Share board members Pauline Sherrer (second from left) and Roger Thackston (right) present grant checks to William Bruce (left) of the Mayland Community Organization and Dave Marr (second from right) of the Upper Cumberland Chapter of Military Officers of America.

Students' Commitment to Community Service Pays Off

A commitment to serving their communities paid off for four students recently as they were named winners in VEC's 2005 Lillard-Shadow Scholarship competition. The Lillard-Shadow Scholarships are named for two men who demonstrated a life-long commitment to community service.

Willis A. Shadow was the University of Tennessee Agricultural Extension Agent for Meigs County in 1933. He saw the great potential in bringing electricity to the Decatur/Meigs County area. His leadership helped to create Meigs County Power Association, the organization that would become the Meigs County Electric Membership Corporation and ultimately, Volunteer Energy Cooperative. J.W. Lillard's roots ran deep in the county; he lived and practiced law in Decatur for many years. As a gift to the community he loved, Mr. Lillard volunteered his time and expertise to assist Mr. Shadow in his efforts. Mr. Lillard was the cooperative's first president, providing the necessary consistency of leadership for the first seven years. Because of their vision and commitment to the community, Mr. Shadow and Mr. Lillard were instrumental in improving the lives and livelihood of thousands of residents through electric power. This scholarship honors the community spirit of Willis A. Shadow and J. W. Lillard.

Because of this history, Volunteer Energy Cooperative is happy to announce the winners of the 2005 Lillard-Shadow Scholarships. Each winner, one from each of VEC's service districts, has demonstrated a commitment to community service as well as a commitment to academic excellence.

Decatur Service District is

O'Daniel of Ten Mile, TN.

She plans to attend the

At the conclusion of the fall

semester she ranked second in

University of Tennessee at

reconstructive surgeon.

her class of 140 students.

County High School.

This year's winner from the Cleveland Service District is Carlyn Saylors of Ooltewah High School. She is the daughter of Charles and Catherine Saylors of McDonald, TN.

She is planning to attend the University of Tennessee at Chattanooga where she plans to major in criminal justice and psychology. At the end of the fall semester she was ranked 30th in her class of 332 students.

She volunteers at Morning Pointe Assisted Living Center

VEC President/CEO Bill Buchanan (left) presents a

scholarship certificate to Sarah Garrett (second from left) as

Sarah's mother, Donna Garrett (third from left) and VEC Board

Member representing White, Overton, and Putnam counties

Kenneth Vaden look on.



and LifeCare Assisted Living Home, is a volunteer tutor, and also assists therapists who instruct horseback riding for disabled children.



Member representing Hamilton County Aubie Smith; her mother, Catherine Saylors; her father, Charles Saylors; and VEC Board Member representing Bradley County Scott Humberd.

This year's winner from the Crossville Service District is Sarah Beth Garrett of Monterev High School. She is the daughter of Rocky and Donna Garrett of Monterey, TN.

She plans to attend Tennessee Technical University where she plans to major in nursing. At the end of the Fall semester she was ranked 5th in her class of 74 students.

She is a member of the Meth Awareness Curriculum team - a drug abuse prevention effort aimed at 5th grade students. She

VEC Board of Directors Member Larry Storie (second from left) has also volunteered for several other church and civic projects. father. Randy Garrett look on.



VEC President/CEO Bill Buchanan (left) presents a scholarship certificate to KaTosha O'Daniel (second from left) as Katosha's mother, Cyndi O'Daniel (third from left) and VEC Board Member Sammy Norton of Meigs County look on.

She has donated at least 6 to 7 inches of her hair three times for the "Locks of Love" program to produce wigs for cancer patients. She is also a volunteer English tutor, volunteer reader at Meigs North Elementary, and an East Tennessee Teen Institute participant.



presents a scholarship certificate to Lynsey Garrett (second from right) as Lynsey's mother, Patricia Garrett (left); Lynsey's

This year's winner from the Jamestown Service District is Lynsey Garrett of Pickett County High School. She is the daughter of Randy and Patricia Garrett of Byrdstown, TN.

She plans to attend Tennessee Technical University and major in biology. She wants to become a pharmacist.

At the end of the fall semester she ranked 6th in her class of 52 students.

She is a member of FFA. Fellowship of Christian

Athletes, and a Pickett County Youth Leadership program participant.